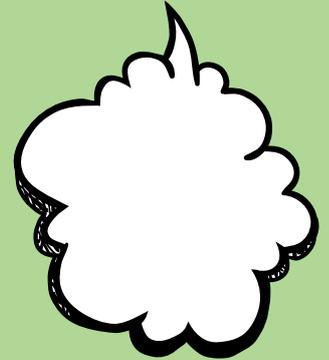


'Let's Talk'

Supportive Listening Sessions

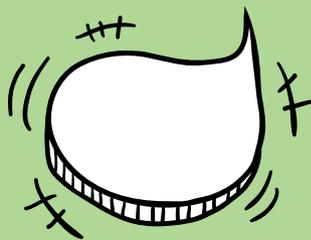
In January 2017 Newark Academy are launching some break and lunchtime drop-in sessions for students to access. The focus will be to give students a safe space to discuss any concerns they have around a variety of issues:

- Informal and confidential (unless major concerns arise)
- Friendship / relationship issues
- Concerns at home
- Mental health query or concern
- Coping with stress
- Body image issues
- General worries or concerns
- Sexual identity issues
- Managing emotions / anger



Monday Lunchtime

School Nurse Drop-in
Room: Inclusion (2nd floor)
Contact: Mrs Willis

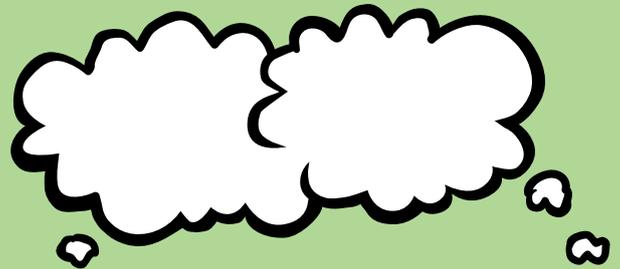


Wednesday Break and Lunchtime

Let's Talk Drop-in
Room: 0-023 (near music room)
Contact: Mrs Brown

Friday Break and Lunchtime

Peer Mentor Drop-in
Room: 0-023 (near music room)
Contact: Ali Miah and Millie Parker



To access the drop-ins is easy. Just go to reception to collect an appointment card! Students can also access help and support from their pastoral leaders at any time.

KS3 - Mrs Taylor (KS3 office on ground floor, near music room)
KS4 & KS5 - Mrs Ness (KS4 office on 1st floor, near Humanities)

Worry Boxes There are worry boxes located on each level of the school. Students can write any concerns on the slips provided, which will then be picked up by Pastoral staff. All issues will be addressed and dealt with. Keep checking for more information on student support.

