



Physical Education Extra-Curricular Clubs



Winter Term 2016 – 2017

Join an extra-curricular club to become a member of a school team or just to increase/maintain your fitness and skill level

For further information on individual clubs please see the named member of staff

	Lunch Club 12:50pm – 1:25pm	After School 3:20pm – 4:30pm	Fixture Day
Monday	Key Stage 3 Football Mr Shipston MUGA	Netball Academy All Years Mrs Beardsmore Sports Hall	
Tuesday	Key Stage 3 Netball Mrs Beardsmore Sports Hall/MUGA	Netball Squad Training Mrs Beardsmore Sports Hall Cheerleading Newark Academy Tornados Activity Studio Martial Arts Sports Hall	School Games
Wednesday	Yr 7 – 11 Badminton Sports Hall	Yr 7 - 11 Netball Fixture Night Mrs Beardsmore Sports Hall / MUGA Table Tennis Nottingham Forest Fitness Studio Sixth Form Fitness Miss Clarke Activity Studio	County Netball Tournaments League Netball Fixtures Mrs Beardsmore
Thursday	Key Stage 4 Football MUGA / Sports Hall Sports Leaders Level 1 Selected students Mrs Beardsmore Activity Studio	Boys Football Mr Shipston / Mr Crow / Mr Fisher School Field Girls Football Nottingham Forest School Field / Sports Hall Dance (Black Thunder) Jasmine Eccles – County Youth Arts Activity Studio NA 2K Staff and Students welcome School Field	School Games Friendly Netball Fixtures Mrs Beardsmore MUGA
Friday	Girls Indoor Cricket Mrs Beardsmore Notts County Coaches Sports Hall	Ballet Elaine Varney Fitness Studio Yoga Activity Studio Sixth Form Indoor Football 3:20pm – 4:45pm Mr Brown Sports Hall	

