



Drama

Can you practically explore a variety of still-images, to create your own physical theatre routine performance?



How can still-images work to create a physical theatre performance?

A **still-image** is frozen snapshot from a performance. Still-images have the power to tell a story to audiences.

Frantic Assembly are a physical theatre company, which work under the principles that every performance starts with a selection of key **building blocks**.

You can use still-images as these building blocks. By creating a selection of separate images, this can work to slowly build a string of movement, which when rehearsed can flow into a piece of physical theatre.



My Time Tasks:



1. Watch the video linked in the green box to the left of Miss Bailey explaining your practical task to complete.
2. Start by creating 8 key still-images. This should ideally be images following your morning routine e.g. brushing your teeth, putting on make-up, grabbing your school bag, eating breakfast etc.
3. Now pick a key song you wish to use, it should have a clear beat which you can split into counts of 8. If you are struggling to decide you can always use Miss Bailey's song example which is 'Close to Me' by The Cure and can be found on YouTube.
4. You should then put and practice your still-images to fit in time with your chosen piece of music. This will create a string of movement for your piece of physical theatre. Ensure to use a range of physical skills including exaggerated body language and facial expressions to engage your audience.
5. Rehearse until you have a polished and exciting piece of physical theatre.
6. Record a video of your performance and send it in to Miss Bailey, kbailey@newarkacademy.co.uk. Good Luck!



Watch the video of Miss Bailey creating her physical theatre routine. This will model to you what you will have to complete in the 'my time' task:
<https://youtu.be/q50Ezusy5w>



Achievement from this challenge

In carrying out this House Challenge you will have demonstrated the skills to be **creative, innovative** with your own ideas and concepts for a physical theatre performance. You will have shown **confidence** and practical **acting skills** to perform your own ideas to an audience.

Higher Order Thinking

Research and find out some information about an influential physical theatre company. Write down their key concepts and style of their practice.



Introduction to Physical Theatre

Physical theatre is a form of theatre that puts emphasis on movement rather than dialogue. There are a huge number of variations as the genre covers a broad range of work. But essentially physical theatre is anything that puts the human body at the centre of the storytelling process. As a result it's often abstract in style, using movement in a stylised and representational way. With the expression of ideas choreographed through movement, such performers use very little or no dialogue at all.

Extension Activity

Can you experiment with the pace and style of your physical theatre performance?

Watch the video below which has a key message and experiments with the pace and style of their routine.

<https://www.youtube.com/watch?v=BBP7a64Aeq>



Think about how this can add a different dynamic to your final work. Be tenacious and try and push your performance to a higher level.

