

Physical Education Curriculum at Newark Academy



C

Challenge

We encourage **all** students to accept and approach challenge with positivity. They set themselves appropriate challenges and achieve individual successes.



H

Healthy, active lifestyles

Our broad and balanced curriculum provides **all** learners with the tools they need to lead lifelong healthy, active lifestyles.



A

Aspiration

All students have aspirational goals, embrace opportunities and work hard to achieve these goals in curricular and extra-curricular physical education and physical activities.



M

More opportunities

The Physical Education Department provides **all** students with experiences and opportunities that develop competence, confidence and enrich their time at Newark Academy.



P

Progression

We celebrate the progress **all** students make in each aspect of CHAMP. These concepts provide deeper understanding and smoother transition from KS3 to KS4, through to KS5 and beyond.



“Champions keep playing until they get it right.” – Billie Jean King

Are you a 'CHAMPion' in Physical Education?

Physical Education is so much more than the 'sport'. We use it as a vehicle to deliver lifelong skills and develop a love of keeping a healthy active lifestyle. At Newark Academy, we aim to deliver a curriculum that will give students the opportunity to experience a wide range of activities. A CHAMPion within the Physical Education Department at Newark Academy will embrace all opportunities and engage positively in curriculum and extracurricular activities.