



# What Parents & Educators Need to Know about CONSPIRACY THEORIES

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, visit our [www.thenationalcollege.com](https://www.thenationalcollege.com).

Is the truth really out there? 🤖 Not when it comes to conspiracy theories, now firmly recognised as safeguarding risks posing potential harm to children in the latest update to 'Keeping Children Safe in Education' - unfortunately, young people may struggle to tell fact from fiction, especially online 📱 This week's #WakeUpWednesday guide explains how conspiracies can affect children's mental health, critical thinking, and even make them vulnerable to radicalisation.

With tips on safe conversations, spotting red flags, and promoting reliable sources, our guide is a must-read for any parent or educator keen to support young minds in thinking clearly and confidently about the world around them 🌍.

📄 DOWNLOAD YOUR FREE GUIDE



Meet the expert:

## Brendan O'Keeffe

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



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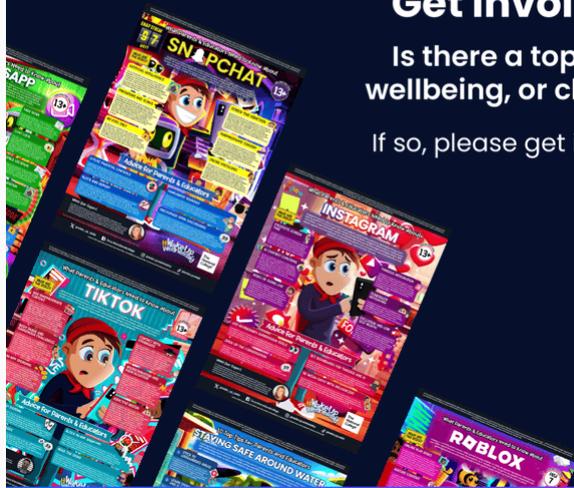
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### Get involved in #WakeUpWednesday

Is there a topic within online safety, mental health and wellbeing, or climate change that you'd like us to cover?

If so, please get in touch with us at: [hello@nationalcollege.com](mailto:hello@nationalcollege.com)

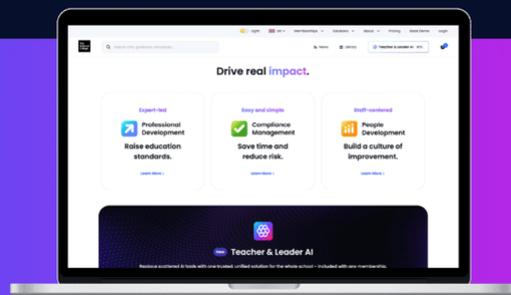
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