

Mental Health Support Team (MHST)

Who are the Mental Health Support Team (MHST) information video's for parent/carers

Our website offers a variety of videos to help you understand who we are, what we do, and how to refer in to the MHST to support your child . Here's a quick overview of the content:

Introduction to the MHST: Learn about who we are, what do the MHST do? and the services we provide.

How can parents support their child if they have been referred? What advice would you give parents or carers in supporting treatment?

How to Refer: What happens if a referral is submitted?

What is a mental health lead at school and what is their role?

What support do we offer parents and carers?



Please click

<https://www.nottinghamshirehealthcare.nhs.uk/mhst-parents-and-carers>



Scan the above to access the
MHST web page for parent and
carers