

*'Aspire not to have more, but to be more'*

*Oscar Romero*

The core purpose of PSHE at Newark Academy is to provide all students with the ability to develop the knowledge, skills and attributes they need to keep themselves healthy and safe and prepared for life and work.

The curriculum has been carefully crafted so that all students have the ability to develop skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking. All students over a 5 year provision will address these key areas within three core themes, health and wellbeing, relationships and living in the wider world including economic well-being and aspects of careers education. We want to help students to develop their social, cultural and moral understanding of the world and to be able to critically assess different situations they may come across.

We aim to provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Moreover, our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to demonstrate the school's GREAT values and seek leadership opportunities within the school gates and their local community.

All topics that students will learn have been carefully sequenced so that pupils can build on knowledge across the years and what they are studying is both appropriate for their age group but also preventative of issues that could arise such as consent, substance abuse and good mental health. This carefully designed programme has an impact on both academic and non-academic outcomes for pupils and helps them to become positive and successful people in our local community.