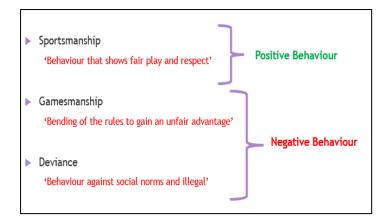
Subject: PE

Topic: Ethical Issues in Sport



Stimulants

Positives:

- / Increase mental and physical capacity
- √ Improves alertness
- √ Reduces fatigue

Side affects:

- x Increased risk of stroke
- x Increased risk of irregular heart
- Can mask the signs of serious injury

Beta Blockers

Positives:

- Reduce heart rate, muscle tension and blood pressure
- √ Reduces adrenaline

Publication of

your anti-

violation

doping rule

✓ Improved fine motor control

Side affects:

x Nausea

Financial

penalties

- × Tiredness and weakness
- x Increased risk of heart problems

Anabolic steroids

Positives:

- Artificially produce hormones
 Promotes muscle and bone growth
- Increases strength, muscular endurance and power
- √ Reduces recovery time

Side affects:

- Increased risk of cancer
- x Increased risk of infertility
- x Increased hair loss
- x Increased blood pressure

What consequences of being caught... A ban from all sport (competing, training or coaching) for up to four years or even life Forfeit medals

